## FOCUS 2

FOCUS 2 guides users through a reliable, intuitive career and education decision making model to help them choose a college, select a major, explore occupations, make informed career decisions and take action in their career development.

FOCUS 2 provides valid and reliable assessments including Work Interests-Holland Code, Personality, Values, Skills, Leisure Interests and Career Planning Readiness. Assessment results are matched to supporting majors and career options with over

1000 occupations and up-to-date career information.

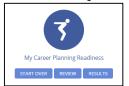
## **INSTRUCTIONS**

STEP 1: Log in through http://tinyurl.com/m9jqp8d

STEP 2: Use access code: uhcougars

**STEP 3:** Complete the following 3 sections:

Career Planning Readiness





3) Work Interest Assessment



STEP 4: There are additional assessments available, if you are seeking more information:



**STEP 5:** Upon completing your assessments you can view the following:

